



# Conejos County Public Health

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Thinking of visiting your part-time home in Conejos County to enjoy the abundant trails, waters, peaks and sunshine? **Please Think Again.**

While the primary residents of Conejos County work to weather the coronavirus (COVID-19) health crisis, they are experiencing some of the complications of living in a rural area. These complications include, but are not limited to the following:

- Resources: Our local health care system, Conejos County EMS and Conejos County Sheriff are not equipped to handle cases of the coronavirus that could arrive with increased population.
- Grocery stores: Please be aware grocery stores in Conejos county have limited quantities of stock and availability.
- Healthcare: Valley Wide Health Services and SLV health are extremely limited in their capacity to care for those affected by COVID-19. SLV Health hospitals have very limited testing resources. Hospital beds and ICU capabilities throughout the SLV are very limited. An influx of population will potentially put added pressure on nearby regional hospitals that will be taxed by other areas too.
- Altitude: Conejos County's high altitude is not well suited for a respiratory illness such as COVID-19.
- Quarantine: Conejos County is requesting you to self-quarantine in your home for 14 days upon returning to our County for the prevention of spread of coronavirus (COVID-19).

Help Conejos County by simply not visiting or re-locating to your second home at this time. We miss you. We value you. We can't wait to see you again. Just please, not until we begin to reverse the aggressive trend of this global pandemic in our neck of the woods.

For the most recent information on COVID-19 numbers in the San Luis Valley, please see [www.slvemergency.org/slv-covid-19](http://www.slvemergency.org/slv-covid-19).