



# Conejos County Public Health

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As you begin to plan your stay in beautiful Conejos County, we would like for you to keep the following in mind:

While Conejos County is working to weather the coronavirus (COVID-19) health crisis, we are experiencing some of the complications of living in a rural area. These complications include, but are not limited to the following:

- Resources: Our local health care system, Conejos County EMS and Conejos County Sheriff are not equipped to handle cases of the coronavirus that could arrive with increased population.
- Grocery stores: Please be aware grocery stores in Conejos county have limited quantities of stock and availability.
- Healthcare: Valley Wide Health Services and SLV Health are extremely limited in their capacity to care for those affected by COVID-19. SLV Health hospitals have very limited testing resources. Hospital beds and ICU capabilities throughout the SLV are very limited. An influx of population will potentially put added pressure on nearby regional hospitals that will be taxed by other areas too.
- Altitude: Conejos County's high altitude is not well suited for a respiratory illness such as COVID-19.
- Quarantine: Conejos County is requesting you to self-quarantine in your home for 14 days upon returning to our County for the prevention of spread of coronavirus (COVID-19).
- Colorado Governor Polis has also asked that we all wear a face covering or a mask when venturing out into the public (Stores, businesses, etc.)

Lastly, and due to the current Covid-19 circumstances, Conejos County Department of Public Health strongly advises delaying your summer-time plans to June 1, 2020. We value you! We can't wait to see you again! We are simply asking you to wait until we begin to reverse the aggressive trend of this global pandemic.

For the most recent information on COVID-19 numbers in the San Luis Valley, please see [www.slvemergency.org/slv-covid-19](http://www.slvemergency.org/slv-covid-19).

Thank you in advance,

A handwritten signature in blue ink that reads "Denise Jiron".

Denise Jiron, MA

Director

Conejos County Public Health